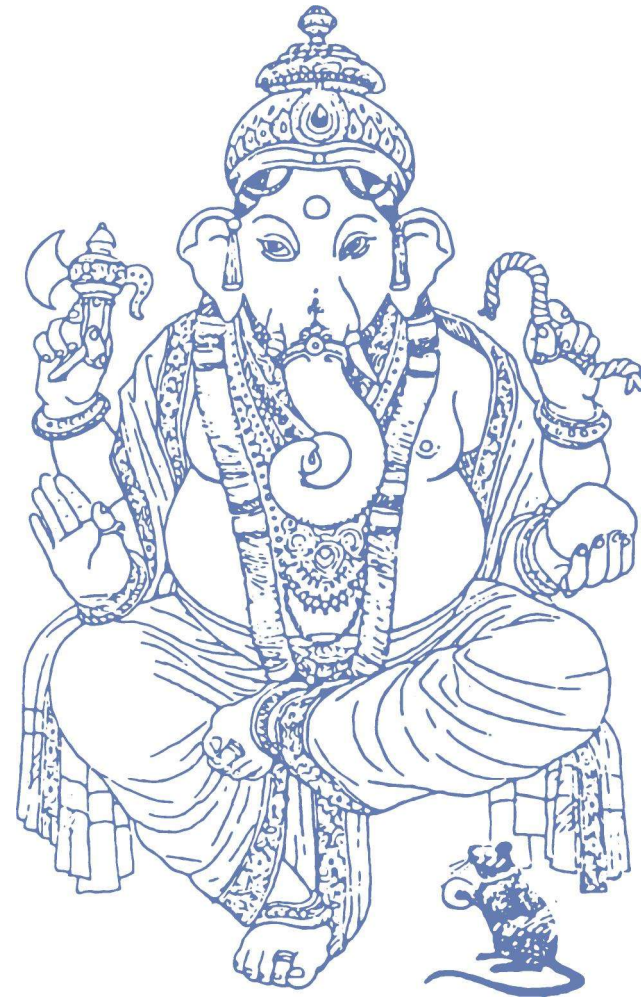


SAHAJA YOGA SONGBOOK

< e-version 2002 >



Prayers

GANESHA ATHARVA SHEERSHA

Om Namasteganapataye Twamewapratyaksham
Tattwamasi Twamewakewalam Kartasi
Twamewakewalam Dhartasi Twamewakewalam Hartasi
Twamewa Sarwamkhalwidambrahmasi
Twamewa Sakshadatmasinityam Ritamwachami SatyaMwachami

Awa twamamman Awa waktaran Awa shrotaram Awa dataram
Awa dhataran Awanuchamawashishyam Awa pashchattat
Awa purastat Awottarattat Awadakshinattat Awa chordhwattat
Awadharattat Sarwato mam pahi pahi samantat

Twam wangmayastwam chinmayah Twamanadmayastwam brahmamayah
Twam sachidanandawitiyosi Twam pratyakshambrahmasi
Twam gyanamayo wigyanamayosi

Sarwam Jagadidam twatto jayate
Sarwam Jagadidam Twattstishthati
Sarwam Jagadidam Twayi layameshyati
Sarwam Jagadidam Twayi pratyeti

Twam bhumiraponalonilo nabhah Twam chatwari wakpadani
Twam gunatrayateetah Twam dehatrayateetah
Twam kalatrayateetah Twam muladharasthitosi nityam
Twam shaktitrayatmakah Twam Yogino dhyayanti Nityam
Twam brahma Twam Vishnutwamrudrastwamindrastwamagnistwamwayus
twamsuryastwam chandramastwam Brahmabhurbhuhwah Swarom

Ganadim purwamuchcharya waranahdim tadanantaram
Anuswarah paratarah Arshendulasitam Tarena ruddham
Etattwa manuswarupam Gakarah purwarupam Akaro madhyamarupam
Anuswarashchantyarupam Binduruttarupam
Nadah sandhanam Sahita sandhah Saisha Ganeshavidya
Ganaka rishih Nichrudgayatri chhandah Ganpatirdewata

Om Gam Ganapataye Namaha Ekadantaya widmahe Wakratundaya dhimahi
Tanno dantih Prachodayat Ekadantam chaturhastam pashamankushadharinam
Radam cha waradam Hastewibhranam Mushakadhvajam
Raktam lambodaram Shurpakarnakam raktawasasam

Raktaganhanuliptangam Raktapushpai supujitam
Bhaktanukampinam Dewam jagatkaranyamachyutam
Awirbhutam cha srushtyadau prakrute purushat param
Ewam Dhyayanti yo nityam Sa yogi yoginam warah

Namo wratapataye Namoh Ganapataye Namah pramathapataye
Namastestu lambodara yekadantaya wighnanashine Shiwastutaya
Shriwaradamurtaye Namaha

Sakshat Shri Adi Shakti Bhagawati Mataji Shri Nirmala Devi Namoh Namah

Prayers

GANESHA ATHARVA SHEERSHA (TRANSLATION)

AMEN SALUTATIONS TO GANAPATI.
YOU ARE VERILY THE PRIMORDIAL PRINCIPLE. ONLY YOU ARE THE DOER.
ONLY YOU ARE THE SUPPORTER OF THE EARTH. ONLY YOU ARE THE REMOVER OF
OBSTACLES. YOU ARE VERILY THE ETERNAL SELF.

FROM THE FRONT, FROM THE BACK SIDE. FROM NORTH, FROM SOUTH, FROM ABOVE
AND FROM BELOW, PROTECT ME FROM ALL SIDES. YOU ARE IN THE LITERATURE, YOU
ARE IN THE CONSCIOUSNESS, YOU ARE THE BLISS. YOU ARE THE ONE WITHIN THE
BRAHMAN. YOU ARE THE ONLY SAT-CHIT-ANAND.

YOU ARE THE KNOWLEDGE, YOU ME THE RECOGNITION.
ALL THE WORLD HAS ORIGINATED FROM YOU AND IT IS SUSTAINED BY YOU.
IT ENDS IN YOU AND YOU MANIFEST AS THE WORLD.
YOU ARE THE EARTH. WATER. AIR AND SKY.
YOU ARE THE FOUR PARTS OF SPEECH.

YOU ARE BEYOND THE THREE GUNAS, YOU ARE BEYOND THE THREE TIMES, YOU ARE
ALWAYS PRESENT IN THE MOOLADHARA.
YOU ARE WITHIN THE THREE POWERS, MAHALAKSHMI,
MAHAKALI AND MAHASARASWATI. YOGIS ALWAYS MEDITATE UPON YOU.
YOU ARE BRAHMA, VISHNU, RUDRA, INDRA, AGNI, VAYU, SUN, MOON, AND THE
THREE LOKAS. THE UTTERING OF YOUR SACRED SOUNDS
MAY BE MEDITATED UPON FOR ALL KNOWLEDGE.
IT IS GANESH VIDYA.

WE WANT TO HAVE THE KNOWLEDGE OF THE GOD HAVING ONE TUSK.

WE MEDITATE UPON THE GOD HAVING CURLED UP TRUNK.
MAY HE STIMULATE OUR INTELLECT.
HE IS HAVING ONE TUSK, FOUR ARMS AND HOLDING NOOSE AND GOAD.
WITH ONE NAND HE IS BLESSING. HE HAS A MOUSE AS HIS VEHICLE.
HE IS RED IN COMPLEXION, HAVING A BIG BELLY AND EARS LIKE WINNOWER FANS.

HE WEARS RED CLOTHES AND SMEARS RED COLOURED FRAGRANT PASTE ON HIS
BODY AND IS WORSHIPPED WITH RED FLOWERS.
THE GOD WHO IS HAVING COMPASSION ON HIS DEVOTEES IS SAID TO BE THE CAUSE
OF THE WORLD. HE MANIFESTS BEFORE THE CREATION FROM SUPREME PRAKRITI
AND PERUSHA.
THIS THE GREATEST OF ALL YOGIS IS ETERNALLY WORSHIPPED BY THE YOGIS.

OBEISANCE TO VRATAPATI THE LORD OF ASSEMBLAGE, OBEISANCE TO GANESHA,
OBEISANCE TO THE MASTER OF CUPID, OBEISANCE TO THE BIG BELLIED GOD. THE
REMOVER OF OBSTACLES, THE SON OF SHIVA...
WHO IS VERILY SHRI ADI SHAKTI MATAJI SHRI NIRMALA DEVI NAMOH NAMAH.

<P1> Prayers

NIRVIGHNAMASTU

SONG: GANESHA GANESHA (x2) JAY JAY SHRI GANESHA

SUMUKASHCH AIKADANTASHCHA KAPILO GAJAKARNAKAH
LAMBODARSHCHA VIKATO VIGHNASHO GANADHIPA
DROOMRAKETUR GANADYAKSHO BHALACHANDRO GAJANANAH

DWADSHAITANI NAMANIYAH PATHET SHRUNU YADAPI
VIDYARAMBHE VIVAHECHA PRAVESHE NIRGAME TATHA
SANGRAME SANKATE CHAIVA VIGHNASTASYE

MAY IT BE OBSTACLELESS

SUMUKHA:	HAVING GOOD FACE
EKADANTA:	HAVING ONE TUSK
KAPILA:	ETERNAL
GAJAKARNAKA:	HAVING ELEPHANTS EARS
LAMBODAR:	BIG BELLIED
VIKATA:	HUGE
VIGHNANASHA:	DESTROYER OF OBSTACLES
GANADHIP:	LEADER OF GANAS
DHUMRAKETU:	GREY BANNERED
GANADYAKSHA:	CHEIF OF GANAS
BHALACHANDRA:	SPORTING MOON ON FOREHEAD
GAJANANAH:	ELEPHANT FACED

ONE WHO SAYS, OR EVEN LISTENS TO THESE TWELVE NAMES,
AT THE BEGINNING OF LEARNING, MARRIAGES, ENTRANCE
AND EXIT, IN BATTLES AND AT TIMES OF DIFFICULTY,
FACES NO HURDLE.

SAKSHAT SHRI ADI SHAKTI MATAJI SHRI NIRMALA DEVI NAMOH NAMAH.

<P2> Prayers

OM SHRI GANESHAYA NAMAH

PRAISE TO LORD VISHNU

OM KESHAVAYA NAMAH
OM NARAYANAYA NAMAH
OM MADHAVAYA NAMAH
OM GOVINDAYA NAMAR
OM VISHNUVE NAMAH
OM MADHUSUDANAYA NAMAH
OM TRIVIKRAMAYA NAMAH
OM VAMANAYA NAMAH
OM SHRIDHARAYA NAMAR

OM HRISHIKESHAYA NAMAH
OM PADMANABHAYA NAMAH

OM DAMODARAYA NAMAH
OM SANKARSHANAYA NAMAH
OM VASUDEVAYA NAMAH
OM PRADYUMNAYA NAMAH
OM ANIRUDDHAYA NAMAH
OM PURUSHOTTAMAYA NAMAH
OM ADHOKSHAJAYA NAMAH
OM NARSINHAYA NAMAH
OM UPENDRAYA NAMAH
OM ACHYUTAYA NAMAH
OM JANARDANAYA NAMAH
OM HARAYE NAMAH
OM SHRI KRISHNAYA NAMAH

-has hair like a lion
-the refuge of men
-the honey-like spring
-lord of cows
-all pervading
-killer of Madhu
-of three paces or stages
-incarnated as the short man
-bears Shri On his chest as
the Shivatsa
-controlling the senses
-in his Nabhi is the cause of
universes, the lotus of Brahmadeva
-attained by disciplines
-one who draws everything together
-the lord of Vasus, or the son of Vasudeva
-enlightened wealth
-the unobstructed, unimpeded
-highest among Purushas
-known by turning inwards
-incarnated as man-lion
-the younger brother of Indra
-unchanging
-the stirrer up of men
-the remover
-Lord Krishna

GURU MANTRA

GURU BRAHMA, GURU VISHNU, GURU DEVO MAHESHWARA
GURU SAKSHAT PARABRAHMA, SHRI MATAJI NIRMALA MA
TASMAYE SHRI GURUVE NAMAH

GAYATRI MANTRA

OH BHUH, OH BHUVAH, OH SWAH, OH MA, OH JANAH,
OH TAPAH, OH SATTYAM, OH TATSAVITRUVARENYAM
BHARGO DEVASYA DHI MAHI, DHIYOYONAH PRACHODAYAT,
OM APA JYOTIRASOMRTAM, OH BHOOR BHUVAH SWAROM.

<P3> AartIs

JAI MANGALAMURTI

SUKHRAKARTA DUKHAHARTA VARTA VIGHNACHI
You are the one offers happiness and removes sorrows at the time of danger
NURVI PURVI PREM KRUPA JAYACHI
You offer tender lots of love and blessings
SARVANGI SUNDAR UTI SHENDURACHI
You have red paste on Your body
KANTHI JHALKE MAL MUKTAFALANCHI
And wear a pearl necklace

JAY DEV., JAY DEV., JAY MANGALAMURTI
Jai, You most auspicious one.
DARSHANMATRE MANAKAMANA PURTI
Even by Your glance You fulfill the desires
JAY DEV., JAY DEV.,
In our minds, Jai Dev, Jai Dev.

(Chorus)

RATNAKHACHITA FARA TUZA GAURIKUMARA
The Goddess Gauri is present by Your side
CHANDANACHI UTI KUMKUMKESHARA
Bedecked with gems and jewellery.
HIREJADITA MUGUTA SHOBHATO BARA
The diamond studded crown on Your head adds to Your gracefulness,
RUNJHUNTI NUPURE CHARNI GHAGARIYA
The ankles on Your feet make heavenly music.

LAMBODAR PITAMBAR FANIVARBANDHANA
I always have in mind Your long belly, Your pitambar (silkdhoti), Kundalini on Your stomach
SARAL SONDA VAKRATUNDA TRINAYANA
Your straight trunk, Your innocent face with three eyes.
DAS. RAMACHA VAT. PAHE SADANA
The servant of Shri Rama is waiting for You in this house (body).
SANKASHTI PAVAVE NIRVANI RAKSHAVE SURVARVANDANA
Please protect us from calamities and sorrow. O highest among Gods, we bow to You!

<P4> Aartis

ARATI NIRMALA MATA

ARATI NIRMALA MATA Aarti to Mother Nirmala
CHARNI THEVILA MI MATHA I have surrendered to You
ARATI NIRMALA MATA Aarti to Mother Nirmala

) (Chorus x2)

ADI SHAKTI KUNDALINI Oh Primordial power of the Kundalini who
SARVA VISHWACHI JANANI is the Mother of the Universe
NIRGUNA TE RUPA TUZHE Your form is beyond the Gunas and now
ZHALE SAGUNA TU ATA You have become Saguna - of good qualities.

SHIVA VISHNU TUZHE DHYANI Great deities like Shiva and Vishnu meditate upon You.
RUSHI MUNI TE BHAJANI The Rishis and the Munis, all sing Your praise
LAVILESI VEDA SARVA and get lost in ecstasy
DAR.SHAN.DILE SAHASTRAR. Everyone recognises You at Sahastrar.

BHAIRAVADI HANUMANTA Bhairav Nath, Hanuman,
YESHU GANESHA TU NATHA Jesus Ganesh and all Gods
BHOWATALI TUZHYA MATE Surround You Mother
RANG.LE TE GUNA GATHA. engrossed in singing Yourpraise.

SARASWATI KALIMATE The Mother Goddesses, Mahakali, Mahasaraswati
MAHALAKSHMI VIDHATE and Mahalakshmi reside within You
TRIGUNA HE EKA ZHALE The three Gunas have become one as You
RUPA NIRMALA HE YETA. Have taken the form of Nirmala

JAGRUTATI KUNDALINI With Your Blessings, as the Kundalini rises
CHEDI SAHASTRA YOGINI and pierces the Sahastrar,
ANANDA TU SWARUPACHA this blissful joy
KRUPA TUZHI MATE. HOTA. is experienced by the grace of Mother

KARANA TE AWATARA The mission of Your present Incarnation
BHAKTA JANA TE TARANYA is to enable Your disciples to cross over.
SAHAJA TU YOGA ZHALA Hence the Yoga (union) has become easy (Sahaji).
PARA KARI TU ANATHA You give realisation even to outcastes (who have no God).

DHYANI RAHO TUZHE NAM. May we always meditate upon You.
CHITTI AKHANDITA PREM. Whose attention is full of Love.
ANANTA HE JIVA PAYI When the Spirit seeks the infinite.
DURA KARU NAKO ATA Please do not ever keep us away from You.

<P5> Aartis

SAB.KO DUA DENA

SAB. KO DUA DENA, MA, SAB. KO DUA DENA Mother, give blessings to all!
JAY. NIR.MAL. NATAJI Jay Nirmala Mataji! (x2)
DIL. ME SADA RAHNA, MA Always dwell in our hearts! (Chorus)
SAB. KO DUA DENA Mother, give blessings to all!

JAG ME SANKAT. KARAN Whenever the world was in danger,
KIT.NE LIE AVATAR, MA, KIT.NE LIE AVATAR You have always incarnated on this earth in different forms
VISHWA ME TERI MAHIMA, VISHWA ME TERI MAHIMA Your grace is all over the Universe.
TU GANGA YAMUNA, MA You are Ganga, You are Yamuna.
SAB. KO DUA DENA Mother, give blessings to all!

JO BHI SHARAN. ME AYA Whoever surrender himself to You,
SUKH. HI MILA US.KO, MA, SUKH. HI MILA US.KO Mother, gets complete satisfaction.
BAITH.KE DIL. ME, O MA, BAITH.KE DIL. ME, O MA Once You have entered our hearts
LAUT.KE NA JANA, MA do not go away Mother!
SAB. KO DUA DENA Mother, give blessings to all!

MANAV. ME AVATAR. KE By incarnating in a human form.
KAR. DIYA UJIYARA, MA., KAR. DIYA UJIYARA You have enlightened our lives, Mother.
KALI YUG. ME MAYA HAI, KALI YUG. ME MAYA HAI In spite of the illusions of Kali Yuga
PHIR. BHI PEHCHANA, MA We have been able to recognise You.
SAB. KO DUA DENA Mother, give blessings to all!

SANT. JANO KI DHAR.TI The land of all Saints
HAI BHARAT. MATA MA, HAI BHARAT. MATA is Mother India.
IS. DHAR.TI PAR. AAKE, IS. DHAR.TI PAR. AAKE As You have incarnated in this land
DUKH. SE DUR. KAR.NA, MA please, take away our sorrows!
SAB. KO DUA DENA Mother, give blessings to all!

JAB. DIL. ME AYE TAB. Whenever we so wish
MADHU SANGIT. SUN. LO, MA MADHU SANGIT. SUN. LO we can listen to sweet music within
HOYA SAKE JO SEWA, HOYA SAKE JO SEWA Whatever service You wish us to do
HAM SE KARA LENA, MA Kindly ask us to do it!
SAB. KO DUA DENA Mother, give blessings to all!

<P6> Sanskrit Songs

JAY JAY BHAVANI

JAY JAY BHAVANI, JAY JAY SHIVANI (Chorus x2)
Victory to Shri Mataji Nirmala Devi who is the Queen of Bhava, i.e. Shiva: giver of life to the whole Universe.
NIR.MAL. MATA, JAY. DEVI Victory to the Goddess Mother Nirmala

SAHAJ. YOG. DAYINI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are the one who grants self-realisation
SAHASTRAR. SWAMINI NIR.MAL. MA (x2)
The one who resides on Sahasrara
MOKSH. PRADAYINI NIR.MAL. MA (x2)
and gives us moksha, liberation from birth and death.

JAY. MAHALAKSHMI NIR.MAL. MA (x2)
Victory to Shri Mataji Nirmala Devi who is Mahalakshmi,
JAY. MAHAKALI NIR.MAL. MA (x2)
Victory to Shri Mataji Nirmala Devi who is Mahakali,
JAY. MAHASARASWATI NIR.MAL. MA (x2)
Victory to Shri Mataji Nirmala Devi who is Mahasaraswati,

MANGAL. DAYINI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are the giver of auspiciousness,
VIDYA DAYINI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are the giver of knowledge,
SHAKTI DAYINI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are the giver of power to your devotees

VISHW. VILASINI NIR.MAL. MA (x2)
Oh Mother Nirmala, the whole Universe is for Your pleasure,
VISHW. VIMOHINI NIR.MAL. MA (x2)
You are fascinating so You win the heart of the whole Universe,
VISHW. SANBHARINI NIR.MAL. MA (x2)
and You are the one who protects the whole Universe.

ANAND. DAYINI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are the giver of joy to your devotees
CHITANAND. DAYINI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are the giver of complete bliss
BRAHMANAND. DAYINI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are the giver of power to your devotees

BHUVAN. MOHINI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are fascinated by the Universe of Shri Yama.
JAG.DODDHARINI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are the giver of moksha to the Universe.
JAGAHIT.KARANI NIR.MAL. MA (x2)
Oh Mother Nirmala, You are the cause of benevolence to the Universe.

<P7> Sanskrit Songs

AI GIRI NANDINI (Shankaracharya's praise of the Divine Mother)

AI GIRI NANDINI NANDIT. MEDINI Oh Beloved daughter of the mountains, Who bring about great joy on earth
VISHW. VINODINI NANDANUTE The One Who bring Joy to the whole Universe, I prostrate myself to You
GIRIVAR. VINDHYA SHIRODHINI VASINI The Holy abodeis in the king of the mountains, the Vindhyas
VISHNU VILASINI JISHNU NUTE Shri Vishnu is filled with joy when He meditates on You
BHAGAVATI HE SHITI KANTK. KUTUMBINI Oh great creatrix of the Universe, the wife of Lord Shiva
BRURI KUTUMBINI BHURIKRUTE You belong to the universal family and for You the whole Universe is Your family.
You are the one who does the greatest actions namely given self-realisation

JAY. JAY. HE MAHISHASUR. MAR.DINI (Chorus x3) Victory to You, Who killed Mahishasura
RAMYAKAPAR.DINI SHAILASUTE You are the One with the beautiful luminous face
SUR. VAR.VARSHINI DUR.DHAR. DHAR.SHINI On the gods You shower auspicious blessings
DUR.MIKH. MARSHINI HAR.SHARATE You are the destroyer of the evil faced ones
TRIBHUVAN. POSHINI SHANKAR. TOSHINI You are the sustainer of all the three worlds. The one who is the
ultimate joy of Lord Shankara
KILBISHA MOJINI GHOSHARATE You alone can destroy all our sins which You do by giving us self-realisation.
Yet for those who are the enemies of the gods and your children, You always wear a ferocious expression
DANUJ. NIROSHINI KSHITISUT. ROSHINI You show to the gods that you are pleased with them. Yet to the
sons of Diti, who are demons, You always show your displeasure
DUR.MUD. SHOSHINI SINDHUSUTE Even though there may be strong demons, You take their strenght away

AI SHAT. KHANDA VIKHANDIT. RUNDA Oh Goddess You cut the demons into 100 parts. And then cut them
again and scatter the pieces
VITUNDIT. SHUNDA GAJADHIPATE And pulverise the remaining parts into less than dust. Even those demons
that can be described sa powerful as king of elephants
RIPU GAJA GANDA VIDARANA CHANDA The demons who are strong as elephants and ferocious as lions
PARAKRAMA SHUNDA MRUGADHIPATE You alone, Oh Goddess, cut them and smash them into nothing
NIJABHUJ. DANDA NIPATIT. CHANDA All this You do using Your own powerful arms. You scatter themaway
VIPATIT. MUNDA BHATADHAPATE You cut off their heads in one sweep and loss them away like balls

DHANURANUSANGA RANAKSHANASANGA In the battle field You are so absorbed in the battle that Your arm
moves continuously shooting arrows. Your entire body shakes as if You are dancing and Your bangles create sounds
PARISPHUT. DANGA NATATKATAKE (All these denotes that even while She is continuously vanquishing the
force of the gods. She does it with total concentration, with grace and beauty)
KANAK. PISHANGA PUSHATKA NISHANGA Oh Great Goddess, You destroyed the demonVatuke
RASAD BHATA SHRUNGA HATA BATUKE Your arrows look like flashes of gold, yellow shining lights
KRUT. CHATURANGA BALA KSHITI RANGA And Your very presence makes this army of gods fitted with
enthusiasm, joy and valor, and even their arrows which are in the quiver of backs
GHATADA BAHU RANGA RATADA BHATUKE shine forth with new colours and seeing all these Lord Bhairava
dances in front of You in great ecstasy, repeating over and over again "Jay Shri Mataji", "Jay Shri Mataji"

JAY. JAY. JAPYA JAYE JAYASHABDA Oh Great Goddess, Who brings salvation to the world, our complete
prostrations before You, constant incarnation of your Holy Name is yhe most supreme prayer that a devotee can take for his
own meditation.
PARASTUTI TATPARA VISHWANUTE and when he gets absorbed in saying Your Name, need for other sounds
and language falls away. Oh Goddess, who hasbrought salvation in this world, we constantly prostrate ourselves before You
(Tapar = constantly)
JHANA JHANA JHINJITA JHINKRUTA NUPURA Lord Shiva who, though beyonds sounds and language when
he hears the sound of Yours wondrous ornaments moving against one another
JHINJHITA MOHITA BHUTAPATE when You are in battle or in dance and make sounds like Jhana Jhana Jhinjita
and Jhinkruta, he becomes totally filled with joy and leaving his meditation desires to hear this sounds again and again
NATINA NATARTHA NATINA NATA NAYAKA Oh Great Goddess, Who took the form ofShri Ardha Nashwara
NAATITA NATYA YUGANA RATE When You dance You put them all to shame accompainded by great musicians

AYI SUMANAS SUMANAS SUMANAS With the beautiful mind You are also like a soft flower. Though we are
seeing you in the form of Shri Durga, your mind is as that of Lord Shiva ans Shri Parvati
SUMANAS SUMANOHARA KANTIYUTE Your being is so beautiful, and seeing You in this beautiful form our
minds become as pure as those of the gods

<P8> Sanskrit Songs

SHRITA RAJANI RAJANI RAJANI The night takes Your protection, You are the One whose arti we do
RAJANI RAJANI KARA VAKRAVRUTE You are eternal, You hold a lotus. Your noble face shines like the moon
SUNAYANA VIBHRAMA RABHRAMA RABHRAMA And we see your beautiful eyes under the lovely dark eye-
brows, that look like a cluster of bees
RABHRAMA RABHRAMA RADHIPATE And Your name is also Shri Bhramatri Devi, that when You raise Your
eyebrows the three lines that are formed on Your forehead are the three worlds themselves and simply by the movement of Your
eye-brows You create and dissolve the three worlds

SAHITA MAHARNAVA MALLA MATTALIKA In the battle field when You are faced with great fighters
VALLIKA RALLIKA MALLARATE You do battle with them in the way in which they fight
VIR.CHITA VALLIKA PALLIKA MALLIKA When You are confronted with such powerful demons who use no
weapons, You become totally absorbed in the battle
JHILLIKA BHILLIKA VARGAVRUTE and make plans to destroy them after You have tired them and all this brings
great joy to the Bhil tribals who were being harassed by the Maltas
SITAKRUTA PHULLI SAMULLA SITARUNA Your actions are so beautiful, like the rays of the rising sun
TALLAJA PALLAVA SALLALITE as if flowers are suddenly blossoming on creepers, Lord Shiva is pleased

KAMALA DALAMALA KOMALA KANTI Those beautiful pure cluster of lotuses that emit very gently light
KALA KALITAMALA BHALA LATE You have kept them in Your hair
SAKALA VILASA KALA NILAYA KRAMA Heavenly swans have the power to discriminate, and when they recognise
all your great work
KELI CHALAT KALA HAUNSA KULE they are filled with complete joy and move around in an excited manner
ALI KULA SANKULA KUALAYA MANDALA As clusters of bees are attracted to groups of fragrant lotuses
MAULI MILAD BAKULALI KULE the stars come in clusters attracted to Your forehead

<P9> Sanskrit Songs

SAR.VAMANGALA

SAR.VA BHUTA YADA DEVI
BHUKTIKUKTI PRADAYINI
TAWA STUTA TUYATE KA WA
BHAVANTU PARAM UKTAYAH

When You have been lauded as the embodiment of all beings, the Devi, and Bestower of the enjoyment and liberation, what words, however excellent, can praise You?

SAR.VA MANGALA MANGALYE
SHIVE SARVARTA SADHIKE
SHARANYE TRYAMBAKE GAURI
NIRMALA MA NAMOSTUTE

Salutations be to You, O Shri Nirmala Ma, O You who are the good of all good, O auspicious Devi, who accomplish every object, the Giver of refuge, O three-eyed Gauri

}
} (Chorus x3)
}

SARVASYA BUDDHI RUPENA
JANASYA HRUDI SAMSTHITE
SWARGAPAVARGA DE DEVI
NIRMALA MA NAMOSTUTE

Salutations be to You, O Shri Nirmala Ma, O You who abide as intelligence in the hearts of all creatures and bestow enjoyment and liberation

KALAKASTHADI RUPENA
PARINAMA PRADAYINI
VISHWASYA UPARATAU SHAKTE
NIRMALA MA NAMOSTUTE

Salutations be to You, O Shri Nirmala Ma, O You who in the form of minutes, moments and other divisions of time, bring about change in things, and have thus the power to destroy the Universe

SRUSTI STHITI VINASHANAM
SHAKTI BHUTE SANATANI
GUN ASHRAYE GUN. MAYE
NIRMALA MA NAMOSTUTE

Salutations be to You, O Shri Nirmala Ma, O You who hold the great weapons of conch, discus, club and bow, and take the form of Vaishnavi, be gracious

SHANKHA CHAKRA GADA SHRANGA
GRUHITA PARAM AYUDHE
PRASIDA VAISHNAVI RUPE
NIRMALA MA NAMOSTUTE

Salutations be to You, O Shri Nirmala Ma, O You who are good fortune, modesty, great wisdom, faith, nourishment and Swadha. O You who are immovable, O You great night and great illusion

LAKSHMI LAJJE MAHA VIDYE
SHRADDHE PUSHTI SWADDHE DHRUVE
MAHA RATRI MAHA MAYE
NIRMALA MA NAMOSTUTE

Salutations be to You, O Shri Nirmala Ma, O You who are good fortune, modesty, great wisdom, faith, nourishment and Swadha. O You who are immovable, O You great night and great illusion

SARVA SWARUPE SARVAISHE
SARVASHAKTI SAMANVITE
BHAYEBHYASTRAHI NO DEVI
DURGE DEVI NAMOSTUTE

O Queen of all, You who exist in the form of all, and possess every might, save us from error. Salutations to You O Devi Durga

ETAT. TE VADANAM SAUMYAM

<P10> Sanskrit Songs

LOGHANATRAYA BHUSHITAM
PATU NAH SARVABHITIBHYAH
KATYAYANI NAMOSTUTE

May this benign countenance of Yours adorned with three eyes, protect us from all fears. Salutations to You O Katyayani!

JWALA KARALAM ATTA UGRAN
SMESIULSURA SUDAMAN
TRISHULAN PATU NO BHITBR
BHADRAKALI NAMOSTUTE

Terrible with flames, exceedingly sharp, destroyer of asuras, may You trident guard us from fear. Salutations to You O Bhadrakali!

SAT CHIT ANAND. RUPAM

SAT CHIT ANAND. RUPAM
SHIVO HAM, SHIVO HAM
SAT CHIT ANAND. RUPAM
SHIVO HAM, SHIVO HAM

JAY JAGADAMBE

JAY JAGADAMBE MATA BHAVANI
NIRMALA MATA JAGADAMBE
JAY JAGADAMBE PURNA KADAMBE
NIRMALA MATA JAGADAMBE

<P11> Sanskrit Songs

YA DEVI SARVA BHUTESHU

NAMO DEVYAI MAHA DEVYAI
SHIVAYAI SATATAM NAMAH.
NAMAH. PRAKRUTYAI BHADRAYAI
NIYATAH PRANATAH SMA TAM

RAUDRAYAI NAMO NITYAYAI
GAURIYAI DHATRIYI NAMO NAMAH
JYOTSNAYAI CHAINDURUPINYAI
SUKHAYAI SATATAM NAMAH.

KALYANYAI PRANATA VRUDDHYAI
SIDDHYAI KURMO NAMO NAMAH.
NAIIRRUTYAI BHUBHRUTAM LAKSHMYAI
SHARVANYAI TE NAMO NAMAH

DURGAYAI DURGA PARAYAI
SARAYAI SARVAKARINYAI
KHYATYAI TATHAEVA KRISHNAYAI
DHUMRAYAI SATATAM NAMAH.

ATISAUMYA ATIRAUDRAYAI
NATAS TASYAI NAMO NAMAH.
MANO JAGAT. PRATISHTHAYAI
DEVYAI KRUTIYAI NAMO NAMAH.

YA DEVI SARVA BHUTESHU
VISHNUYAITI SHABDITA
NAMAS TASYAI NAMAS TASYAI
NAMAS TASYAI NAMO NAMAH.

YA DEVI SARVA BHUTESHU
CHAITANAITYABHIDHYATE
NAMAS TASYAI NAMAS TASYAI
NAMAS TASYAI NAMO NAMAH.

YA DEVI SARVA BHUTESHU
Buddhi RUPENA SAMSTHITA
NAMAS TASYAI NAMAS TASYAI
NAMAS TASYAI NAMO NAMAH.

Nidra (Sleep)
Kshudda (Hunger)
Chhaya (Shadow)
Shakti (Cosmic Power)
Trushna (Thirst)
Kshanti (Patience)
Jati (Cast)
Lajja (Modesty)
Shanti (Peace)
Shraddha (Faith)
Kanti (Charm)

<P12> Sanskrit Songs

Lakshmi (Wealth)
Vrutti (Activity)
Smruti (Remembrance)
Daya (Compassion)
Tushti (Comfort)
Bhranti (Confusion)
Matru. (Divine Mother)

INDRIYANAM ADHISHIHATRI
BHUTANAM CHAKHILESHU YA
BHUTESHU SA TATAM TASYAI
VYAPTI DEVYAI NAMO NAMAH

CHITI RUPENA YA KRUTSNA
NBTAD. VTAPYA STEITA JAGAT
NAMAS TASYAI NAMAS TASYAI
NAMAS TASYAI NAMO NAMAH.

STUTA SURAIH PURVAM ABHISHTA SAMSHRAYAT
TTATHA SURANDRENA DINESHU SEVITA
KAROTU SA NAH SHUBHA HETU RISHWARI
SHUBHANI BHADRANYA ABHIHANTU CHA A PADAH

YA SAMPRATAM CHAUDDHATA DAITYA TAPITAI
RASMABHIRISHA CHA SURAIR NAMASYATE
YA CHA SMRUTA TATKSHANAMEVA HANTI NAH
SARVAPADO BHAKTI VINAMRA MURTIBHIH

<P13> Sanskrit Songs

MAHALAKSHMI STOTRAM

NAMASTESTU MAHA MAYE

SHRI PITHE SUR. PUJITE

SHANK. CHAKR. GADA HASTE

MAHALAKSHMI (or SHRI NIRMALA DEVI) NAMOSTUTE

Oh! Shri Mahalaksmi salutations to You who are Mahamaya who are the seat of wealth and beauty and who are worshipped by Gods, who have the counc, the wheel and mace in Your hands

NAMASTE GARUDA RURHE

KOLASUR. BHAYANKARI

SARV. PAP. HARE DEVI

MAHALAKSHMI (or SHRI NIRMALA DEVI) NAMOSTUTE

Oh! Shri Mahalaksmi salutations to You who are riding on Ganad (Eagle) who creates terror to the demon Kola and who are the Goddess removing all sins

SARVAGNYE SARV. VAR.DE

SARV. DUSHT. BHAYANKARI

SARV. DUKH. HARE DEVI

MAHALAKSHMI (or SHRI NIRMALA DEVI) NAMOSTUTE

Oh! Shri Mahalaksmi salutations to You who are omniscient who are giving all the boons, who are the terror to all the wicked and who are Goddess removing all the sufferings

SIDDHI BUDDHI PRADE DEVI

BHUKTI MUKTI PRADAYINI

MANTR. MURTE SADA DEVI

MAHALAKSHMI (or SHRI NIRMALA DEVI) NAMOSTUTE

Oh! Shri Mahalaksmi salutations to You who are the Goddess giving fulfillment (Siddhi) and intellect, who give enjoyment and salvation and who are always mantrea personified

ADYANT. RAHITE DEVI

ADI SHAKTI MAHESHWARI

YOG. JE YOG. SAMBHUTE

MAHALAKSHMI (or SHRI NIRMALA DEVI) NAMOSTUTE

Oh! Shri Mahalaksmi salutations to You who have no beginning and end who are Adi Shakti and the Great Goddess who are born of Yoga

STHUL.. SUKSHMA MAHA RAUDRAI

MAHA SHAKTI MAHODARE

MAHA PAP. HARE DEVI

MAHALAKSHMI (or SHRI NIRMALA DEVI) NAMOSTUTE

Oh! Shri Mahalaksmi salutations to You who are the subtle and solid who are greatly fierced, almighty and with a big belly and who removes great sins

PADMASAN. SHITE DEVI

PAR. BRAHMA SWARUPINI

PARAMESHI JAGAN MATAR

MAHALAKSHMI (or SHRI NIRMALA DEVI) NAMOSTUTE

Oh! Shri Mahalaksmi salutations to You who are seated on the lotus, who are in the form of Parabrahma, who are the greatest controller and who are the Mother of the Universe

SHWETAMBAR. DHARE DEVI

NANA ALANKAR BHUSHITE

JAGAT STHITE JAGAN MAT.

MAHALAKSHMI (or SHRI NIRMALA DEVI) NAMOSTUTE

Oh! Shri Mahalaksmi salutations to You who are Mahamaya who are clad in the white robes, who are adorned with various ornaments who stay everywhere in the Universe and who are the Mother of the Universe

<P14> Sanskrit Songs

SHRI NIRMALAL STAKAM STOTRAN

YAT PARE BHAKTI MANNARAH

SARV. SIDDHI-MA-VAPNOTI

RAJYAM PRAPNOTI SARVADA

EK. -KALAM PARHE NITYAM

MAHA RAP. VINASHANAM

DWI-KALAM YAD PARHE NITYAM

DHAN. -DHANYA SAMANVHITAH

TRI -KALAM YAD PARHE NITYAM

MAHA SHATRU VINASHANAM

SHRI NIRMALA DEVI BHAVE NITYAM

PRASANNAH VAR.DHA SHUBHAH

NAMASTESTU MAHA MAYE

SHRI PITHE SUR. PUJYATE

SHANKH. CHAKR. GADA HASTE

SHRI NIRMALA DEVI NAMOSTUTE

<P15> Sanskrit Songs

GANESH STHUTI

HEM. JA SUTAM. BHAJE GANESH. MISH. NANDANAM
EK.DANT. VAKR.TUND. NAG. YAGYA SUTR. KAM (Chorus)
RAKT. GATR. DHUMR. NETR. SHUKL.. VASTR. MANDITAM
KALP. VRUKSH. BHAKT. RAKSH NAMOSTUTE GAJANANAM

I worship Ganesh who is the son of Shiva and Parvati, who has the sacred thread of a snake, who is adorned with white robes and who has the face of an elephant, O God, salutations to You who have one thooth and red limbs and smoke-like eyes and who fulfills all our desires and who verily is the protector of devotees

PASH. PANI CHAKR. PANI MUSH. KADI ROHINAM
AGNI KOTI SURYA JYOTI VAJR. KOTI NIRMALAM
CHITR. MAL.. BHAKTI JAL.. BHAL. CHANDR. SHOBHITAM
KALP. VRUKSH. BHAKT. RAKSH NAMOSTUTE GAJANANAM

I worship Ganesh who rides on a mouse, who is pure and bright like millions of flames of fire like the glow of the sun and like millions of diamonds, one who is decorated with a net of beautiful designs of colourful garlands and also with a crescent moon on the forehead, Oh! Lord salutations to You who fulfills all our desires and who are the protector of devotees

BHUT. BHAVYA HAVYA KAVYA BHRAGUR. BHAG. VARCHITAM
DIVYA VAHIN KAL. JAL. LOK. PAL. VANDITAM
PURN.BRAHM. SURYAVARN. PURUSHAM PURANTAKAM
KALP. VRUKSH. BHAKT. RAKSH NAMOSTUTE GAJANANAM

I worship Ganesh who is the past and the future who is oblations and who is worshipped by Bhrih and Bhargawa. One who has divine army, who is the trap of death itself, who is saluted by Lokpalas who is Puma, Brahma, who is bright like the sun, the ancient God Oh! Shri Ganesh salutations to You who fulfill all our desires and who are the protector of devotees

VISHW. VIRYA VISHW. SURYA VISHW. KARM. NIRMALAM
VISHW. HARTA VISHWi. KARTA YANTR. TANTR. PUJITAM
CHATUR MUKHAM CHATUR BHUJAM SEVITUM CHATUR YUGAM
KALP. VRUKSH. BHAKT. RAKSH NAMOSTUTE GAJANANAM

I worship Ganesh who is the valour of the Universe, the sun of the Universe, who perform various tasks who is holy, who is destroyer and creator of the universe, who is worshipped here and there, who has four faces, four hands and who is worshipped throughout the four ages, Oh! Shri Ganesh salutations to You who fulfill all our desires and who are protector of devotees

<P16> Sanskrit Songs

JAY GAN.RAYA, SHRI GAN.RAYA

JAY GAN.RAYA..., SHRI GAN.RAYA...
Victory be to Shri Ganesh, the lord of the Ganas!

JAY GAN.RAYA..., SHRI GAN.RAYA...)
Victory be to Shri Ganesh, the lord of the Ganas!

JAY GAN.RAYA..., SHRI GAN.RAYA...)
Victory be to Shri Ganesh, the lord of the Ganas!

MANGAL. MURTI MORAYA) (Chorus x2)
O Auspicious One, O Moraya!

SIDDHI VINAYAK., MANGAL. DATA... (x2)

O Granter of all powers, O Giver of Auspiciousness
ASHT. VINAYAK., MANGAL. DAYAK.)

O God who assumed eight forms as Swayambhus, Giver of Auspiciousness
MANGAL. MURTI MORAYA (x2)

O Auspicious One, O Moraya!

SINDHUR. VADANA, SANKAT. HAR.NA... (x2)

O Holy one whose face is red with Sindhus, O Destroyer of all sorrows
SINDHUR. VADANA, SANKAT. HAR.NA...)

O Holy one whose face is red with Sindhus, O Destroyer of all sorrows
GANAPATIBAPPA MORAYA (x2)

O Chief of the Ganas, O Moraya!

MORAYA..., O MORAYA...,

<P17> Sanskrit Songs

CHITANAND. RUPAH.

MANOBVDDHYAHAMKAR. CHITTA NI NA AHAM)
NACH. KSHOTR. JIVHE NACH. GHRAN. NETRE) (x2)
NACH. VHYOM. BHUMIR NA TEJO NA VAYU)
CHITANAND. RUPAH.)
SHIV OHAM, SHIV OHAM) (Chorus x4)

NACH. PRAN. SAUDNYO, NA VAI PANCH. VAYUR
NA VA SAPT. DHATUR, NA VA PANCH. KOSH.
NA VA PANIPADO, NA CHOPAST. PAYU

NA ME DWESH. RAGO, NA ME LOBH. MOH.
MADHO NAEV. ME NAEV. MATSARYA BHAV.
NA DRARMO, NA CHHARTHO, NA KAMO, NA MOKSH.

NA PUNYAM, NA PAPAM, NA SAUKHYAM, NA DUHKHAM
NA MANTRO, NA TIRTHAM, NA VEDA, NA YAGNYA
AHAM BHOJANAM NA EVA, BHOJYAM NA BHOKTA

NA ME MRUTYU SHANKA, NA ME JATI BHEDA
PITA NAEV. ME NAEV. MATA NA JANM.
NA BANDHUR, NA NITRAM, GURUR NAEV. SHISHYA

AHAM NIRVIKALPO, NIRAKAR. RUPO
VIBHURVYAPYA SARV ATR. SARV ENDRIYANAM
SADA ME SAMATVAM NA MUKTIR NA BANDH.

SHIV OHAM, SHIV OHAM)
SACCHIDANAND OHAM) (x...)

<P18> Sanskrit Songs

TATAH KIM TATAH KIM (GURU ASHTAKAM)

SHARIRAM SURUPAM SADA ROG. MUKTAM
YASHASHARU CHITRAM DHANAM MERUTULYAM

NANASHAINNA LAGNAM GURORANGRI PADME
TATAH KIM TATAH KIM TATAH KIM TATAH KIM
SHRI MATAJI, SHRI MATAJI
JAY MATAJI, SHRI MATAJI...

KALATRAM DHANAM PUTRAPAUTRADISARVAM
GRUHAM BANDHAVAH SARVAMETADHI JATAM

SHADANGADI VEDO MUKHE SHASTRAVIDYA
KAVITVADI GADIAM SUPADYAM KAROTI

VIDESHESHU MANYAH SWADESHESHU DHANNYAH
SADACHARAVRUTTESHU MATTO NA CHANNYAH

KSHAMAMANDALE BHUPABHUPALAVRUNDIAH
SADASEVITAN YASYA PADARAVINDAM

YASH. SHRED. GATAM DIKSHU DANPRATAPAT
JAGADVASTU SARVAN KARE YATPRASADAT

NA BHIGE NA YOGE NA VA VAJIMEDHE
NA KANTASUKHE NAEVA VITTESHU CHITTAM

ARANYE NA VA SWASYA GEHE NA KARYE
NA DEHE MANO VARTATE ME TWANARDHYE

GURORASHTAKAM YAH PATHETPUNYADEHI
YATIRBHUPATIBRAMHACHARI CHA GEHI
LABHEDVATRCHHITARHAM PADAM BRAMHASANJHAM
GURORUKT. VAKYE MANO YASTA LAGNAM

<P19> Sanskrit Songs

GANESHA, GANESHA

GANESHA, GANESHA (Chorus x2)
Ganesha, Oh Ganesha!
JAY JAY SHRI GANESHA
Ganesha, Oh Ganesha!

SUMUKHA EKADANTA (x2)
You are the One with a beautiful face and one single tusk

KAPILA GAJAKARNAKA (x2)
The Eternal One Who has elephant ears

GAJAKARNAKA (x2)
The One Who has elephant ears

LAMBDA VIKATA (x2)
You are the big-bellied God, having a huge Form

VIGNHNANASHA, GANADHIP (x2)
Destroyer of all obstacles and leader of the Ganas

GANADHIP (x2)
Leader of the Ganas

DHUMRAKETU GANADHYAKSHA (x2)
You are the grey-bannered Chief of the Ganas

BHALACHANDRA GAJANANAH (x2)
Elephant-headed God Who supports the moon on His forehead

GAJANANAH (x2)
Elephant-headed God

<P20> Sanskrit Songs

TWAMEWA MATA

TWAMEWA MATA SAH PITA TWAMEWA
You are the mother, You are the father,
TWAMEWA BANDHU SAH SAKHA TWAMEWA
You are the relation, You are the friend
TWAMEWA VIDYA DRAVINAM TWAMEWA
You are the technique, You are mercy,
TWAMEWA SARVAM, MAMA DEVA DEVA
You are everything. O my God. my God.

APRADH SAHASRANI
I must have committed a thousand sins
KRIYANTE AHERNISHAM MAYA
in my life from day to day;
DASO'HAM ITI MAM MATWA
please accept me as Your servant
KSHAMASWA PARAMESHWARI (x2)
O Mother, forgive me
KSHAMASWA PARAMESHWARA

AWAHANAM NA JANAMI
I do not know how to invoke You
NA JANAMI TAVARCHANAM
I do not know how to welcome You
POOJAM SHAIWA NA JANAMI
I do not know how to do Your Puja.
KSHAMYA TAM PARAMESHWARI (x2)
Forgive me, Adi Shakti: o Supreme One.
KSHAMYA TAM PARAMESHWARA

MANTRAHINAM KRIYAHINAM
I have no mantras. I have done nothing
BHAKTIHINAM SURESHWARI
I have no devotion, O Great Goddess
YAT PUJITAM MAYADEVI
And yet whatever my prayer have been to you,
PARI PURNAM TADASTU ME
please fulfill them, Mother, through Your grace.